



Weekly Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Rice cakes with assorted spreads	Assorted Cereals	Toasted English Muffins	Hashbrowns	Raisin Toast
	Fruit Boxes	Fruit Boxes	Fruit Boxes	Fruit Boxes	Fruit Boxes
Lunch	Tuna and Spinach Penne	Chicken Lasagne with garlic bread and salad	Sandwiches with wraps and veggie sticks	Beef Spaghetti Bolognaise	Salmon Pasta Bake with corn cobs
Afternoon Tea	Sandwiches	Anzac Biscuits	Cinnamon Cookies	Vanilla Cake	Raspberry Muffins
	Fruit & Vegetable Platter	Fruit & Vegetable Platter	Fruit & Vegetable Platter	Fruit & Vegetable Platter	Fruit & Vegetable Platter
Late Snack	Fruit and Crackers	Fruit and Crackers	Fruit and Crackers	Fruit and Crackers	Fruit and Crackers



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	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Grilled cheese on toast	Raisin Toast	Cruskits with a variety of spreads	Assorted Cereals	Wholemeal Toast assorted spreads
	Fruit Boxes	Fruit Boxes	Fruit Boxes	Fruit Boxes	Fruit Boxes
Lunch	Creamy Beef Mince Pasta	Chicken Rissoles with baked veg	Vegetarian Nachos	Beef Lasagne with garlic bread and salad	Sweet and Sour Pork with noodles and spring rolls
Afternoon Tea	Cornflake Cookies	Cheese, dip and crackers	Pikelets and seasonal fruit	Anzac Biscuits	Pizza Muffins
	Fruit & Vegetable Platter	Fruit & Vegetable Platter	Fruit & Vegetable Platter	Fruit & Vegetable Platter	Fruit & Vegetable Platter
Late Snack	Fruit and Crackers	Fruit and Crackers	Fruit and Crackers	Fruit and Crackers	Fruit and Crackers



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	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Cruskits with assorted spreads	Hashbrowns	Assorted Cereals	Toasted English Muffins	Strawberry Yoghurt
	Fruit Boxes	Fruit Boxes	Fruit Boxes	Fruit Boxes	Fruit Boxes
Lunch	Veggie loaded chicken curry	Tomato and Lentil Pasta	Beef and Broccoli Stir-fry with rice	Meatball Pasta with hidden veg	Butter Chicken with rice
Afternoon Tea	Soft and Chewy Oat Cookies	Cheese and Vegemite Scrolls	Pear Muffins	Milo Cookies	Banana Bread with custard
	Fruit & Vegetable Platter	Fruit & Vegetable Platter	Fruit & Vegetable Platter	Fruit & Vegetable Platter	Fruit & Vegetable Platter
Late Snack	Fruit and Crackers	Fruit and Crackers	Fruit and Crackers	Fruit and Crackers	Fruit and Crackers



Weekly Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Wholemeal toast assorted spreads	English Muffins	Raisin Toast	Cruskits with assorted spreads	Assorted Cereals
	Fruit Boxes	Fruit Boxes	Fruit Boxes	Fruit Boxes	Fruit Boxes
Lunch	Thai basil Pork Stir-fry with spring rolls	Shepherds Pie	Chicken Pasta Bake	Baked Beef Burrito Bowls	Popcorn Chicken with baked veggies
Afternoon Tea	Coconut Cookie	Raspberry Muffins	Apple, Carrot and Zucchini bread	Cheese, dip and crackers	Chocolate Cake
	Fruit & Vegetable Platter	Fruit & Vegetable Platter	Fruit & Vegetable Platter	Fruit & Vegetable Platter	Fruit & Vegetable Platter
Late Snack	Fruit and Crackers	Fruit and Crackers	Fruit and Crackers	Fruit and Crackers	Fruit and Crackers